

KIDS&US
my English

COOL
OFF



POLYNESIA

NATURÁVILA

LOCATION

The Naturávila complex is located an hour away from Madrid and only three kilometres away from Ávila, near Gredos. There some of the most beautiful natural pools of the country's central region can be found.

The house was formerly part of an agricultural complex belonging to the provincial council of Ávila. Slowly, it has transformed into a leisure centre with modern facilities which completely integrate with the natural environment.



FACILITIES

The house has various buildings and well-lit rooms, bathrooms, classrooms used to carry out workshops, and multipurpose rooms where many activities can be carried out and a wide range of sports can be played.





Furthermore, there is a shaded play area, football pitches, basketball and paddle courts, a swimming pool, and a climbing wall on the shores of a small lake which is set back from the main buildings but is part of the complex itself.



EXCURSIONS

During the Cool Offs we will carry out all sorts of activities: workshops, water games, night games, and activities to improve English, among others. We will also go on excursions!

This year, we will spend a whole day at an adventure park. There, the more daring will be able to explore the heights with the zip lines that surround the forest, among other activities, and play games to make the most of the rural environment at any time of the day. To make the most of the magnificent natural spaces of the complex, we will go on an early expedition to the lake we mentioned earlier. There we will have canoe races!



SPECIAL ACTIVITIES

- Short trip to the lake:
 - o kayaking and rock climbing
- Excursion to La Riberita adventure park:
 - o Ziplines.
 - o Archery.
 - o A hike to explore the area and see the local flora and fauna.
- Haka workshop (Māori dance).
- Camping under the stars.



PRICES AND WEEKS

Naturávila - €760 each week

Week 1: 23-29 June

Week 2: 30 June to 6 July

Week 3: 7-13 July

Week 4: 14-20 July

Week 5: 21-27 July

CONTACT

If you have any questions, contact us via our email at admin.cooloff@kidsandus.es.

